

FITNESS SERVICES PRICE LIST

1-2-1 Training

Single PT Session - AED 350

New Client Offer - AED 1200 Includes 4 PT sessions plus a lifestyle & nutrition assessment

Multi-Buy PT Packages

- 4 Sessions AED 1330
- 8 Sessions AED 2520
- 12 Sessions AED 3570
- 20 Sessions AED 5600

Additional fees may apply for travel or third party studio training

Group Training

Single Session - AED 400 Cost can be divided between up to 4 people

Partner Pass - AED 50 Available as an add-on to any PT sessions purchased as a package

FBC Classes

Single Class - AED 75 5 Class Pack - AED 300 10 Class Pack - AED 600